



# Family Connections



Connect with your family and with peers this school year.

**Family Dinner - Family Games - Children Play Without Electronics -  
- Positive Environment - Adult Conversations - Meet Other Families**

## Who's invited?

All elementary-school families living in Batavia Public School District 101 are invited. Bring younger and older siblings to join the fun. Grandparents, additional household members, and children's caregivers are welcome, too.

**COST? FREE — Including Food**

[Click Here to REGISTER to Attend or Scan:](#)



Schools are paired; however, attend the series that fits your schedule **from 5:30 to 8:00 PM:**

**8 THURSDAYS, Oct. 23 - Dec. 18 (skip Nov. 27) at H.C. Storm:** Families from H.C. Storm & Louise White Schools

**8 THURSDAYS, Jan. 15 - March 5 at Hoover-Wood:** Families from Hoover-Wood & J.B. Nelson Schools

**8 DAYS, TBD at Grace McWayne:** Families from Grace McWayne & Alice Gustafson Schools

Let's connect in-person to build the "village" it takes to raise a child. Enjoy one evening per week for an 8-week series\* that energizes you through joy, laughter, and stress relief. How?

## Bring your **WHOLE FAMILY** together (**ALL ages are welcome**) to:

- Be present in conversation while eating dinner served to you - engaging conversation starters are provided to move families beyond the brief answers children typically give when questioned about their day.
- At your family table, play games such as "Feelings Charades" and "Doodle Talk" that help your family members learn more about each other, develop a vocabulary of feeling words, practice taking turns, and laugh together during the fun.
- Children are then given time to play together - **WITHOUT** electronics - under the supervision of facilitators.
- Meanwhile, adults talk together in a group about parenting and self-care topics facilitated by a leader ready to provide stress-relief tips and other emotional wellness information. You may listen or contribute to the discussion as you feel comfortable.
- Parents are given time to play one-on-one with one of their children each night of the program.
- At least once during the series, each participating family receives a gift card for family activities.

\* Families may join at any point in a series - we encourage joining early!

**Family Connections has built and strengthened positive family routines for over 20 years!**  
**Questions? Email: [emotional-wellness-no-reply@tricityfamilyservices.org](mailto:emotional-wellness-no-reply@tricityfamilyservices.org)**